

PATIENT INSTRUCTIONS

PROCEDURE DATE \_\_\_\_\_ ARRIVAL TIME \_\_\_\_\_ LOCATION \_\_\_\_\_ SCOPE TIME \_\_\_\_\_

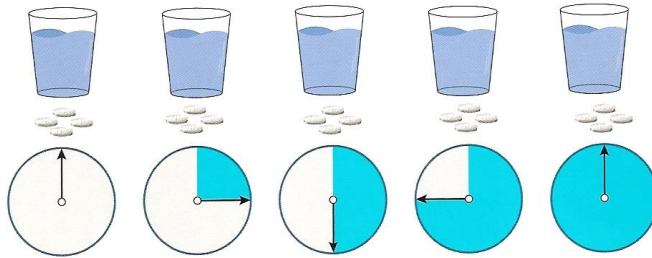
**PLEASE READ THE FOLLOWING INSTRUCTIONS CAREFULLY.** \* Be sure to fill your prescription of Osmoprep at the pharmacy at least 5 days prior to procedure in case it will have to be ordered.

**A. DAY BEFORE PROCEDURE (24 hours):**

1. Remain on a clear liquid diet all day. A clear liquid diet includes: Regular or decaffeinated tea, coffee (no dairy products), carbonated colas, clear sodas, sport drinks (no red/orange/ or purple), juices (apple, grape, and cranberry), Jell-O (no red, orange, or purple), popsicles (plain, not creamy or fruity), fat free broth, and bouillon. **No dairy products or liquids containing red, orange, or purple coloring!**
2. Starting at **5:00 PM** the evening before your procedure, take (4) Osmoprep tablets every 15 minutes with at least 8 ounces of any clear liquid until all 20 tablets have been consumed. Remain close to toilet facilities.

**First Regimen**

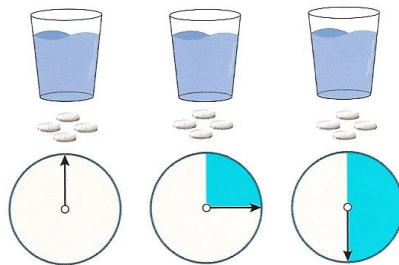
One dose (4 tablets with 8 oz of any clear liquid) every 15 minutes for a total of 5 doses (20 tablets)



3. Starting at **8:30 PM**, take (4) Osmoprep Tablets every 15 minutes with at least 8 ounces of any clear liquid until the remaining 12 tablets have been consumed. Remain close to toilet facilities.

**Second Regimen**

One dose every 15 minutes for a total of 3 doses (12 tablets)



**B. DAY OF PROCEDURE:**

1. You may continue to drink clear liquids. Do not eat anything the morning of the procedure. Arrive at designated location at the scheduled time. Unless you are instructed differently, you may take routine medications in the morning at least 2 hours before the procedure with small amounts of water. **YOU MUST HAVE SOMEONE DRIVE YOU HOME. YOU MAY NOT GO HOME BY BUS OR TAXICAB!** Please call the office with any other questions.

**STOP DRINKING AT \_\_\_\_\_**