

## **HALFLYTELY BOWEL PREPARATION**

The best possible exam requires that the colon be completely empty of stool. Residual stool in the colon may make the visual exam or removal of polyps impossible. Therefore, it is imperative that you follow the diet and preparation instructions that are detailed below.

### **2 DAYS ( 48 HOURS) BEFORE PROCEDURE:**

- Mix the solution.
  - Add lukewarm water up to the marked line on the jug.
  - Refrigerating the solution will make it easier to drink.
  - Any single (1) flavor packet can be added at any time.

### **1 DAY BEFORE THE PROCEDURE:**

1. YOU MAY ONLY HAVE CLEAR LIQUIDS **ALL DAY** LONG.
  - a. Includes: Water, Coffee and Tea (NO MILK OR CREAM ADDED), Non-red Soda Pop, Apple, Cranberry or Grape Juices, Broth, Bouillon, Non-Red Jell-o and Popsicles. **NO DAIRY PRODUCTS. NO LIQUIDS CONTAINING RED,ORANGE OR PURPLE COLORING!**
2. Anytime After 12:00 p.m. (noon), *Take 2 Bisacodyl (Pink) Tablets* at Once.
  - a. Do not chew or crush the tablets
3. Between 3-4 p.m., Begin Drinking the Halflytely solution.
  - a. Drink ONE 8 ounce glass every 10 – 15 minutes.
  - b. Try to drink the solution fast instead of slowly sipping
4. YOU MUST FINISH **ALL** OF THE SOLUTION
  - a. Unless you are told differently, you may take your routine medications that evening, but wait until your bowels are done moving.
  - b. After you finish, you may continue drinking clear liquids.

### **ON THE DAY OF THE PROCEDURE**

- You may continue to drink clear liquids UP TO 2 HOURS BEFORE the procedure.
- You must have someone stay in the building while you are having your procedure and to take you home after your procedure.
- YOU WILL NOT BE ABLE TO DRIVE YOURSELF HOME.
- Please call the office with any other questions. (309) 451-1123

**STOP DRINKING AT \_\_\_\_\_**