

Medication Instructions:

It is especially important you read this section carefully. If you have ANY questions regarding your medications

Please call the Gastrointestinal Institute at (309) 451-1123 to speak with a nurse.

FOLLOW THE PRINTED PREP INSTRUCTIONS GIVEN BY GASTROINTESTINAL INSTITUTE, LLC

- You **must stop** taking iron supplements, including multivitamins that include iron, fish oil as well as NSAID's and NSAID related products **seven (7) days prior to your procedure.**
- Avoid **food products** such as: corn, peanuts, and popcorn **seven (7) days prior to your procedure.**
- If you take Coumadin or Warfarin, you must stop these medications **3 days prior to your procedure** with the approval of your prescribing physician. For an EGD, you must stop your Aspirin 325 mg, Aspirin 81 mg, and all aspirin related products (for example: Excedrin) **3 days prior to your procedure.** For a colonoscopy, you must stop your Aspirin 325 mg, Aspirin 81 mg, and all aspirin related products (for example: Excedrin) **7 days prior to your procedure.** You may take Tylenol as needed. Continue taking all other blood thinners as prescribed.
- If you usually take heart medication, blood pressure medication, seizure medication, chronic pain medication, and/or anti-anxiety medication in the morning, **please take these medications on the morning of your procedure.** Bring inhalers with you.
- If you take insulin, please reduce your dose(s) to half of the normal amount the day of your procedure. If you have an insulin pump, please notify the scheduler during the scheduling process or the Gastrointestinal Institute as soon as possible. **Do NOT** take any oral diabetic medication the day of your procedure.
- Please bring a list of any medications you are currently taking, including over-the-counter medications, as-needed medications, vitamins, and any herbal medications. Bring inhalers with you.

You will also be asked if you have any allergies to any medications and what kind of reaction you had to them.

We will look forward to seeing you. Please call us at 309-451-1123, if you have any further questions.

01/13/2023