

COLONOSCOPY- Prep Instructions for Magnesium Citrate

Strict compliance with these instructions is necessary to avoid misdiagnosing and to ensure a safe and complete exam.

A clear liquid diet the day before your procedure, instructions on back.

About Magnesium Citrate: Magnesium Citrate is taken to clean your colon prior to your colonoscopy. This solution does not require a prescription. If you have not received your prep one week prior to your procedure, please call our office at (309) 451-1123 to discuss options for your procedure or possibly rescheduling to another date.

10:00 AM The Day Before Your Procedure:

1. Drink one bottle of Magnesium Citrate.
2. Continue to drink clear fluids.

6:00 PM The Day Before Your Procedure:

3. Drink one bottle of Magnesium Citrate.
4. Drink clear fluids until bedtime.

The Day of Your Scheduled Procedure:

Procedures scheduled

Before 11:00 AM – Start Prep at 3:00 AM

After 11:00 AM – Start Prep at 6:00 AM

1. Drink one bottle of Magnesium Citrate.
2. STOP drinking all liquids 2 hours prior to your procedure.

Please continue to drink plenty of clear liquids but stop ALL LIQUIDS 2 hours before your arrival time.

Please be aware: Your stools should be light yellow to clear with no solid particles prior to coming to Gastrointestinal Institute.

If you have any questions or concerns regarding this prep, please call the triage nurse at (309) 451-1123 for further guidance.