

COLONOSCOPY- Prep Instructions for Moviprep

Strict compliance with these instructions is necessary to avoid misdiagnosing and to ensure a safe and complete exam.

You MUST be on a clear liquid diet the day before your procedure, instructions on back.

About Moviprep: Moviprep is taken to clean your colon prior to your colonoscopy. This solution requires a prescription. Your prescription can be sent to your pharmacy electronically or sent with you when your procedure is scheduled. If you have not received your prep one week prior to your procedure, please call our office at (309) 451-1123 to request the prep be resent to your pharmacy.

6:00 PM The Day Before Your Procedure:

1. Begin by emptying 2 pouches (A and B) into the container.
2. Add warm water to the top line on the container and mix to dissolve.
3. The container has 4 marks.
4. Drink 8 oz. of solution (to the mark) every 15 minutes until all solution has been consumed.
- ❖ 5. **Continue to drink 16 oz. of clear liquid every hour until bedtime.**

The Day of Your Scheduled Procedure:

Procedures scheduled

Before 11:00 AM – Start Prep at 3:00 AM

After 11:00 AM – Start Prep at 6:00 AM

1. Begin by emptying 2 pouches (A and B) into the container.
2. Add warm water to the top line on the container and mix to dissolve.
3. The container has 4 marks.
4. Drink 8 oz. of solution (to the mark) every 15 minutes until all solution has been consumed.
5. It should take 1 hour to complete steps 1-4.
6. **Stop ALL LIQUIDS 2 hours before your procedure.**

Please continue to drink plenty of clear liquids but stop ALL LIQUIDS 2 hours before your arrival time.

Please be aware: Your stools should be light yellow to clear with no solid particles prior to coming to Gastrointestinal Institute.

If you have any questions or concerns regarding this prep, please call the triage nurse at (309) 451-1123 for further guidance.