

COLONOSCOPY- Prep Instructions for Premier Colon Prep

Strict compliance with these instructions is necessary to avoid misdiagnosing and to ensure a safe and complete exam.

Clear liquid diet starts the day before your procedure, instructions on back.

About your prep: 8 Dulcolax Tablets, 2 Bisacodyl Suppositories, and 2 bottles of Magnesium Citrate are taken to clean your colon prior to your procedure. *These items do NOT require a prescription.* Purchase 2 bottles Magnesium Citrate, these items may be available at the office: Dulcolax Tablets a total of 8 tablets are needed, and Bisacodyl Suppositories total of 2 suppositories are needed.

If you have questions, please call our office at (309) 451-1123 and ask to speak with the triage nurse.

The Day Before Your Procedure:

- 1. Begin a clear liquid diet.**
- 2. At lunchtime:** Take 2 Dulcolax tablets with 1 liter of clear liquids and drink 1 bottle of Magnesium Citrate.
- 3.** Continue to drink plenty of clear liquids all afternoon. (6-8 oz. every 30 minutes)
- 4. At suppertime:** Take 3 Dulcolax tablets with 1 liter of clear liquids. Insert 1 Bisacodyl Suppository into rectum.
- 5.** Continue to drink plenty of clear liquids all evening. (6-8 oz. every 30 minutes)

The Day of Your Scheduled Procedure:

4 hours prior to the start of your procedure, take the last 3 Dulcolax tablets with 1 liter of clear liquid and insert the last Bisacodyl suppository into rectum. Drink 1 bottle of Magnesium Citrate.

Please continue to drink plenty of clear liquids but stop ALL LIQUIDS 2 hours before your arrival time.

Please be aware: Your stools should be light yellow to clear with no solid particles prior to coming to Gastrointestinal Institute.

If you have any questions or concerns regarding this prep, please call the triage nurse at (309) 451-1123 for further guidance.