

# COLONOSCOPY- Prep Instructions for Clenpiq

**Strict compliance with these instructions is necessary to avoid misdiagnosing and to ensure a safe and complete exam.**

**Clear liquid diet starts the day before your procedure, instructions on back.**

**About Clenpiq:** Clenpiq is taken to clean your colon prior to your colonoscopy. This solution requires a prescription. Your prescription can be sent to your pharmacy electronically or sent with you when your procedure is scheduled. If you have not received your prep one week prior to your procedure, please call our office at (309) 451-1123 to request the prep be resent to your pharmacy.

## **5:00 PM The Day Before Your Procedure:**

1. Drink the first bottle of Clenpiq.
2. Drink **AT LEAST five (5) 8-ounce** glasses of clear liquids before 10 pm. (total of at least 40 oz. of liquid).
3. You may continue to drink clear liquids until midnight.
4. Use the dosing cup to measure your clear liquid and fill to top line (8 oz. mark).

❖ **Continue to drink 16 oz. of clear liquid every hour until bedtime.**

## **The Day of Your Scheduled Procedure:**

<b>Procedures scheduled <i>before</i> 11am</b>	<b>Procedures scheduled <i>after</i> 11am</b>
<b>At 3am:</b> <ol style="list-style-type: none"><li>1. Drink the second bottle of Clenpiq.</li><li>2. Drink <b>AT LEAST four (4) 8-ounce</b> glasses of clear liquids before 4 am. (total of 32 oz. of liquid).</li><li>3. Use the dosing cup to measure your clear liquid and fill to top line (8 oz. mark).</li><li>4. <b>Stop ALL LIQUIDS 2 hours before your procedure arrival time.</b></li></ol>	<b>At 6am:</b> <ol style="list-style-type: none"><li>1. Drink the second bottle of Clenpiq.</li><li>2. Drink <b>AT LEAST four (4) 8-ounce</b> glasses of clear liquids before 7am. (total of 32 oz. of liquid).</li><li>3. Use the dosing cup to measure your clear liquid and fill to top line (8 oz. mark).</li><li>4. <b>Stop ALL LIQUIDS 2 hours before your procedure arrival time.</b></li></ol>

**Please continue to drink plenty of clear liquids but stop ALL LIQUIDS 2 hours before your arrival time.**

**Please be aware:** Your stools should be light yellow to clear with no solid particles prior to coming to Gastrointestinal Institute.

If you have any questions or concerns regarding this prep, please call the triage nurse at (309) 451-1123 for further guidance.