

COLONOSCOPY- Prep Instructions for Suprep

Strict compliance with these instructions is necessary to avoid misdiagnosing and to ensure a safe and complete exam.

Clear liquid diet starts the day before your procedure, instructions on back.

About Suprep: Suprep is taken to clean your colon prior to your colonoscopy. This solution requires a prescription. Your prescription can be sent to your pharmacy electronically or sent with you when your procedure is scheduled. If you have not received your prep one week prior to your procedure, please call our office at (309) 451-1123 to request the prep be resent to your pharmacy.

6:00 PM The Day Before Your Procedure:

1. Pour one 6 oz. bottle of Suprep liquid into mixing container.
2. Add water to the line on the container and stir.
3. Drink all the liquid in the container.
4. Drink 2 more 16 oz. of water or approved clear liquid.
5. It should take 1 hour to complete steps 1-4.
6. **Continue to drink 16 oz. of clear liquid every hour until bedtime.**

The Day of Your Scheduled Procedure:

| Procedures scheduled before 11am | Procedures scheduled after 11am |
|---|---|
| At 3am: <ol style="list-style-type: none">1. Pour one 6 oz. bottle of Suprep liquid into mixing container.2. Add water to the line on the container and stir.3. Drink all the liquid in the container.4. Drink 2 more 16 oz. of water or approved clear liquid.5. It should take 1 hour to complete steps 1-4.6. Stop ALL LIQUIDS 2 hours before your arrival. | At 6am: <ol style="list-style-type: none">1. Pour one 6 oz. bottle of Suprep liquid into mixing container.2. Add water to the line on the container and stir.3. Drink all the liquid in the container.4. Drink 2 more 16 oz. of water or approved clear liquid.5. It should take 1 hour to complete steps 1-4.6. Stop ALL LIQUIDS 2 hours before your arrival. |

Please continue to drink plenty of clear liquids but stop ALL LIQUIDS 2 hours before your arrival time.

Please be aware: Your stools should be light yellow to clear with no solid particles prior to coming to Gastrointestinal Institute.

If you have any questions or concerns regarding this prep, please call the triage nurse at (309) 451-1123 for further guidance.