

COLONOSCOPY- Prep Instructions for SUTAB

Strict compliance with these instructions is necessary to avoid misdiagnosing and to ensure a safe and complete exam.

Clear liquid diet starts the day before your procedure, instructions on back.

About SUTAB: SUTAB is taken to clean your colon prior to your colonoscopy. This solution requires a prescription. Your prescription can be sent to your pharmacy electronically or sent with you when your procedure is scheduled. If you have not received your prep one week prior to your procedure, please call our office at (309) 451-1123 to request the prep be resent to your pharmacy.

Between 4:00 PM - 6:00 PM The Day Before Your Procedure – DOSE 1:

1. Open 1 bottle of 12 tablets.
2. Fill the provided container with 16 ounces of water (up to the fill line).
3. Swallow 1 tablet at a time every 1-2 minutes with a sip of water from the container.
4. Repeat step 3 until all 12 tablets from the bottle have been swallowed. You should finish the 12 tablets and the entire 16 ounces of water within 20 minutes.
5. Approximately 1 hour after you swallow the last tablet, fill the provided container again with 16 ounces of water (up to the fill line) and drink entire container within 30 minutes.
6. Approximately 30 minutes after finishing the second container of water, fill the provided container with 16 ounces of water, and drink the entire amount over 30 minutes.

❖ **Continue to drink 16 oz. of clear liquid every hour until bedtime.**

The Day of Your Scheduled Procedure – DOSE 2:

Procedures scheduled **Before 11:00 AM – Start Prep at 3:00 AM**

After 11:00 AM – Start Prep at 6:00 AM

1. Repeat Step 1 to Step 6 from above Dose 1 using the second bottle of tablets

Please continue to drink plenty of clear liquids but stop ALL LIQUIDS 2 hours before your arrival time.

Please be aware: Your stools should be light yellow to clear with no solid particles prior to coming to Gastrointestinal Institute.

If you have any questions or concerns regarding this prep, please call the triage nurse at (309) 451-1123 for further guidance.