

COLONOSCOPY- Prep Instructions for Colyte, *also known as: PEG 3350, Golytely, Gavilyte, Nulytely*

Strict compliance with these instructions is necessary to avoid misdiagnosing and to ensure a safe and complete exam.

You must be on a clear liquid diet the day before your procedure, instructions on back.

About Colyte: Colyte is taken to clean your colon prior to your colonoscopy. This solution requires a prescription. Your prescription can be sent to your pharmacy electronically or sent with you when your procedure is scheduled. If you have not received your prep one week prior to your procedure, please call our office at (309) 451-1123 to request the prep be resent to your pharmacy.

6:00 PM The Day Before Your Procedure:

1. Tear open flavor pack provided and pour into container.
2. Add water to the line on the container. Replace cap on container and shake to dissolve.
3. Drink 75% of the liquid in the container.
4. Drink 8 oz. of solution every 15 minutes until 75% (3/4) has been consumed.
5. Solution should be consumed by 9 pm
6. Store the remainder of the fluid in the refrigerator overnight.

The Day of Your Scheduled Procedure:

Procedures scheduled

Before 11:00 AM – Start Prep at 3:00 AM

After 11:00 AM – Start Prep at 6:00 AM

1. Drink the remainder of the liquid in the container.
2. Drink 8 oz. of solution every 15 minutes until all solution has been consumed.
3. It should take 1 hour to complete.
4. STOP drinking fluids 2 hours before your procedure.

Please continue to drink plenty of clear liquids but stop ALL LIQUIDS 2 hours before your arrival time.

Please be aware: Your stools should be light yellow to clear with no solid particles prior to coming to Gastrointestinal Institute.

If you have any questions or concerns regarding this prep, please call the triage nurse at (309) 451-1123 for further guidance.