

IMPORTANT INFORMATION ABOUT YOUR PROCEDURE

1. Our address is 2200 Jacobssen Drive, Normal, Illinois. Please enter the front door and turn right through the inside door. Please check in with the receptionist. If the receptionist is not there, have a seat and someone from the facility will be with you momentarily.
2. You will not be allowed to drive yourself home nor take a taxi, bus, or Uber without someone to accompany you. Your sponsor/driver must be readily available. If a sponsor/driver is not available, the procedure may be canceled.
3. Please leave money, jewelry, and other valuables at home.
4. Please remove all oral piercings and contacts. If you must wear your contacts to our facility, please bring a case and solution.
5. Please bring your insurance card (s).
6. For Covid-19, we are following CDC and OSHA Guidelines. Please call with questions.
7. Please continue to drink plenty of clear liquids but stop drinking 2 hours prior to your scheduled arrival time.
8. Please bring a copy of your advance directives and/or living will to the ASC on the day of your procedure.
9. There will be an IV started on admission. This is used for sedation or anesthesia and any necessary medications ordered by your physician.
10. You may have blood drawn and/or urine collected for lab tests if ordered by your physician.
11. Please refrain from applying lotions to your body. You will be attached to leads that will monitor your breathing and heart rate. The leads may not stick to your skin if lotion is applied.
12. Gastrointestinal Institute, LLC will not be responsible for any loose, chipped, or cracked teeth.
13. You will be in the exam room for approximately 30-40 minutes. You will return to recovery before discharge. Average length of recovery lasts 30-40 minutes, although this largely depends on the individual patient and procedure performed. Liver biopsy patients will stay for approximately 3-4 hours after their procedure. You will be discharged when your vital signs are within normal limits. It is recommended that you return home to rest and that someone is with you for the rest of the day. ***For your safety, you cannot drive the rest of the day of the procedure.***

14. After your procedure, your doctor will discuss findings, diet, medication, and lifestyle changes when applicable. We recommend someone be with you at this time since you will still be under the influence of the sedation and may not remember all the details of your conversation with the doctor after the procedure. You will receive a copy of the discharge instructions to take home with you.

Medication Instructions:

It is especially important you read this section carefully. If you have ANY questions regarding your medications, please call the Gastrointestinal Institute at (309) 451-1123 to speak with a nurse.

- Please bring a list of any medications you are currently taking, including over-the-counter medications, as-needed medications, vitamins, and any herbal medications. Bring inhalers with you. You will also be asked if you have any allergies to any medications and what kind of reaction you had to them.
- If you usually take heart medication, blood pressure medication, seizure medication, chronic pain medication, and/or anti-anxiety medication in the morning, please take these medications on the morning of your procedure.
- You must stop taking iron supplements including multivitamins that include iron, fish oil, corn, peanuts, and popcorn as well as NSAID's and NSAID related products seven (7) days prior to your procedure.
- If you take Coumadin or Warfarin, you must stop these medications 3 days prior to your procedure with the approval of your prescribing physician. For an EGD, you must stop your Aspirin 325 mg, Aspirin 81 mg, and all aspirin related products (for example: Excedrin) 3 days prior to your procedure. For a colonoscopy, you must stop your Aspirin 325 mg, Aspirin 81 mg, and all aspirin related products (for example: Excedrin) 7 days prior to your procedure. You may take Tylenol as needed. Continue taking all other blood thinners as prescribed.
- If you take insulin, please reduce your dose(s) to half of the normal amount the day of your procedure. If you have an insulin pump, please notify the scheduler during the scheduling process or the Gastrointestinal Institute as soon as possible. Do NOT take any oral diabetic medication the day of your procedure.

We will look forward to seeing you. Please call us at 309-451-1123, if you have any further questions.

Please feel free to ask for our assistance at any time to make your stay more comfortable. We, as the staff of the Endoscopy Department, would like to make your visit with us as enjoyable and dignified as possible.